

GLUTEN FREE MENU

SALADS

TRADITIONAL SHRIMP COCKTAIL

With cocktail sauce

PAPPAS GREEK SALAD

Fresh vegetables, imported kalamata olives, capers, pepperoncini peppers, oregano & feta cheese in Pappas Greek dressing,

Serves 1-2

PAPPADEAUX HOUSE SALAD

Baby tomatoes, red onion, honey bacon, aged cheddar & choice of dressing

Prepared without croutons

CHOPPED SALAD

Grilled salmon*, mixed greens, tomato, egg, honey bacon, red onion, avocado, cheddar & Jack cheese in a creamy vinaigrette

CLASSIC CAESAR

Parmesan cheese & Caesar dressing

Prepared without croutons

CAESAR SALAD

Parmesan cheese & Caesar dressing

Prepared without croutons

Grilled Chicken Tenderloins

Grilled Shrimp

Blackened Salmon*

SEAFOOD COBB SALAD

Honey bacon, red onion, bleu cheese, egg, avocado, tomatoes, house vinaigrette & creamy vinaigrette

Shrimp

Shrimp & Jumbo Lump Crab

Gluten Free DRESSINGS:

GREEK VINAIGRETTE | OIL & VINEGAR | RANCH | CAESAR
HONEY MUSTARD | CREAMY VINAIGRETTE | BLEU CHEESE

ENTREES

All fish can be prepared char-grilled, seared or blackened.

Naked fish are served with choice of signature sauces: Lemon Butter | Garlic Butter-Scampi Style

FILET MIGNON*

9 oz.
Baked potato, broccolini

NAKED ATLANTIC SALMON*

Green Beans

NAKED TILAPIA

Spaghetti squash

AGED BEEF RIBEYE*

16 oz.
Baked potato

NAKED AMERICAN RED SNAPPER

Green Beans

SIDES

Add a Caesar Salad or Pappadeaux House Salad to any entree for an additional charge.

FRESH GREEN BEANS

BROCCOLINI

SPAGHETTI SQUASH

BAKED POTATO

Substitute for an additional charge

WHITE RICE

♣ *Our gluten-free menu items are prepared in a shared work area that also processes wheat & gluten products. However small, there is always a chance that gluten-free items may come in contact with products containing gluten.*

*Items may be cooked to order, are served raw or undercooked, or may contain raw or uncooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

†Please alert your Server of any food allergies prior to ordering. We are not responsible for an individual's allergic reaction to our food or ingredients used in food items.

A suggested gratuity of 15% to 20% is customary. The amount of gratuity is always discretionary.