

# GLUTEN FREE MENU

## SHRIMP & OYSTERS

### HAND TOSSED COCKTAILS

Avocado, olive oil, lemon juice,  
house-made cocktail sauce

Jumbo Shrimp 14.95

Shrimp & Jumbo Lump Crab 17.95

### TRADITIONAL SHRIMP COCKTAIL

With cocktail sauce 13.95

### On the HALF SHELL

*Prepared without mignonette*

#### GULF COAST OYSTERS\*

Dozen 17.95 | Half Dozen 11.95

#### BLUE POINT OYSTERS\*

Dozen 21.95 | Half Dozen 15.95

#### MIXED OYSTERS & SHRIMP\*

Half dozen oysters & a half  
dozen cold boiled shrimp

16.95

## SALADS

### PAPPAS GREEK SALAD

Salad with fresh vegetables, imported kalamata  
olives, capers, pepperoncini peppers, oregano  
& feta cheese in Pappas Greek dressing,  
prepared tableside

sm 13.95 md 17.95 lg 21.95

### ✦ PAPPADEAUX HOUSE SALAD

Mixed greens with baby tomatoes,  
red onion, egg, Applewood bacon,  
aged cheddar & choice of dressing

*Prepared without croutons* 6.95

### ✦ CLASSIC CAESAR

Chopped romaine hearts,  
Creole roasted baby tomatoes,  
Parmesan cheese & Caesar dressing

*Prepared without croutons* 7.95

### ✦ CHOPPED SALAD

Grilled Salmon\* with mixed greens, sweet baby tomatoes,  
egg, Applewood bacon, red onion, avocado, aged cheddar &  
Jack cheese in a creamy vinaigrette 23.95

### ✦ CREOLE CAESAR SALAD

Crisp romaine with Creole roasted baby tomatoes,  
Parmesan cheese & house-made Caesar dressing

*Prepared without croutons*

Grilled Chicken or Shrimp 14.95

Blackened Salmon\* 23.95

### ✦ SEAFOOD COBB SALAD

Mixed greens with honey Applewood bacon, red  
onion, bleu cheese, egg, avocado, baby tomatoes  
with house vinaigrette & creamy vinaigrette

Shrimp 17.95

Shrimp & Jumbo Lump Crab 21.95

Shrimp & Lobster 22.95

### Gluten Free DRESSINGS:

GREEK VINAIGRETTE | OIL & VINEGAR | RANCH | CAESAR  
HONEY MUSTARD | THOUSAND ISLAND | CREAMY VINAIGRETTE | BLEU CHEESE

## LOBSTER, STEAK & CHICKEN

### PRIME BEEF RIB-EYE\*

With mashed potatoes & broccolini

16 oz. 41.95

### FILET MIGNON\*

With mashed potatoes & choice of side

8 oz. 39.95 10 oz. 43.95

### GRILLED HALF CHICKEN

Marinated in garlic & rosemary, with mashed  
potatoes & fresh sautéed spinach 22.95

### GRILLED CARIBBEAN LOBSTER TAIL

10-12 oz. with mashed potatoes & broccolini

*Prepared without scampi butter* 36.95

## NAKED FISH

All fish can be prepared char-grilled, seared or blackened.

*With choice of our Signature Sauces*

Lemon & Herb Olive Oil | Hazelnut Brown Butter

### TILAPIA

With broccolini

7 oz. 21.95 11 oz. 27.95

### ATLANTIC SALMON\*

With green beans

7 oz. 22.95 11 oz. 29.95

### TEXAS REDFISH

With broccolini

32.95

## SIDES

Add a Pappadeaux House Salad to any entree 5.95

SAUTÉED SPINACH 5.75

MASHED POTATOES 5.75

SPAGHETTI SQUASH 5.75

WHITE RICE

substitute No Charge

FRESH GREEN BEANS 5.75

BROCCOLINI 5.75

BAKED POTATO 5.75

substitute 3.45

✦ Our gluten-free menu items are prepared in a shared work area that also processes wheat & gluten products. However small, there is always a chance that gluten-free items may come in contact with products containing gluten. Please alert your Server of any other food allergies prior to ordering. We are not responsible for an individual's allergic reaction to our food or ingredients used in food items.

\*Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. A suggested gratuity of 15% to 20% is customary. The amount of gratuity is always discretionary.